

**You are invited!**



# Dance Out Diabetes

3rd annual dance-a-thon, health fair,  
silent auction & expressive art exhibit



 Come join the **FUN at Dance Out Diabetes'** dance-a-thon, health fair and fundraising event!

**11/10/12, 1-5 p.m.** African American Art & Culture Complex  
762 Fulton St, SF, CA 94102 (btw. Webster & Buchanan; free parking)

Great music with DJ Charis, dancing with friends and Freeplay Dance Crew, Zumba, health screening, sponsor & diabetes art exhibits, food, access to diabetes specialist Dr. Nancy Bohannon, a national virtual dance, chair massage, awards!



For all ages, abilities, with or without diabetes. We're a friendly community of non-dancers having fun while improving health. Help us keep 2013 programs free!

**Register, volunteer or donate at [danceoutdiabetes.org](http://danceoutdiabetes.org) by 11/9/12 or call 877-765-4386 & be entered to win prizes!**

**\$10 suggested donation**