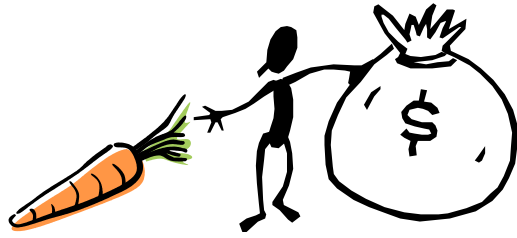


DOD Helps You Support Your Local Farmers & Eat Healthy with Carrot Cash



Want a great way to find delicious, healthy, organic produce for free? The Pacific Coast Farmers' Market Association (PCFMA) is working with Dance Out Diabetes (DOD) to provide gift cards, called "Carrot Cash", to be used at the following PCFMA locations listed below. For info on a farmers' market near you, call **925-825-9090** or **800-949-FARM** or visit **www.pcfma.com**.

Farmers' Markets in San Francisco County:

Castro Farmers' Market
Divisadero Farmers' Market
Fern Alley Farmers' Market
Fillmore Farmers' Market
Glen Park Village Farmers' Market
Inner Sunset Farmers' Market
Kaiser Permanente San Francisco Farmers' Market
Mission Bay Farmers' Market at UCSF
UCSF Parnassus Farmers' Market
Upper Haight Farmers' Market
VA San Francisco

Farmers' Markets in San Mateo County:

25th Avenue Farmers' Market in San Mateo
Belmont Farmers' Market
Kaiser Permanente Redwood City Farmers' Market
Kaiser South San Francisco Farmers' Market
San Bruno Farmers' Market
San Mateo Farmers' Market
South San Francisco Farmers' Market

The Dance Out Diabetes' incentive grant with Novo Nordisk encourages you to be healthy. While funds last, you can get up to \$30 per month for attending the dance, getting the full health screening and exercising at least 30 minutes 3 times a week. See www.danceoutdiabetes.org for details.

4/2/13