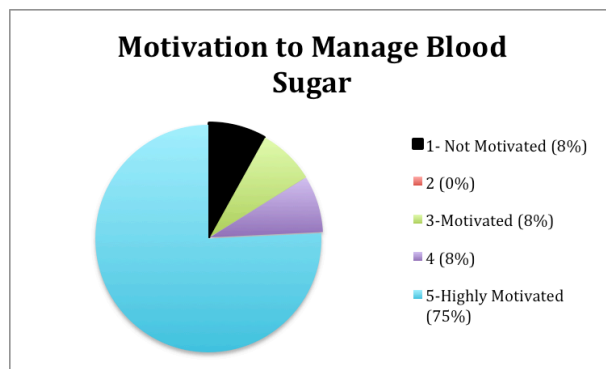


Dance Out Diabetes Mid Program Evaluation Survey Summary 2012

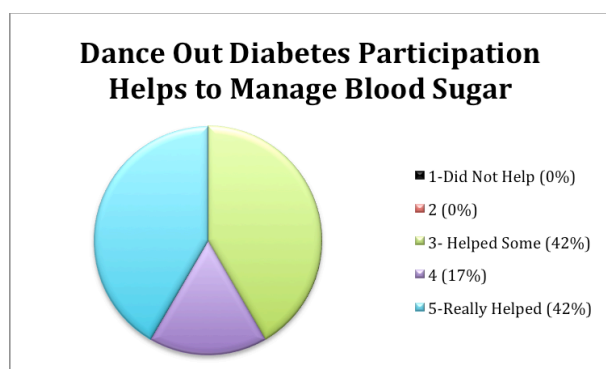
1. How motivated are you to manage your blood sugars?

1	2	3	4	5
Not Motivated		Motivated		Highly Motivated
8%	0%	8%	8%	75%



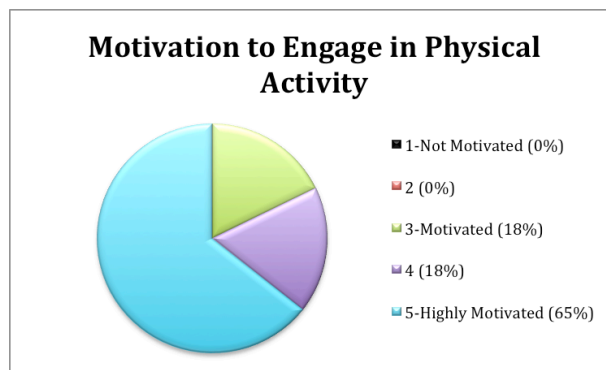
2. How has your participation with Dance Out Diabetes helped you to manage your blood sugars?

1	2	3	4	5
Did not help		Helped some		Really helped
0%	0%	42%	17%	42%



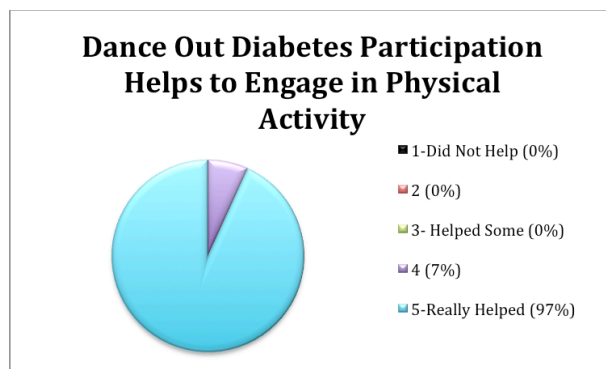
3. How motivated are you to engage in physical activity?

1	2	3	4	5
Not Motivated		Motivated		Highly Motivated
0%	0%	18%	18%	65%



4. How has Dance Out Diabetes helped you to engage in physical activity?

1	2	3	4	5
Did Not Help		Helped Some		Really Helped
0%	0%	0%	7%	93%



5. How motivated are you to eat a well-balanced diet and manage your weight?

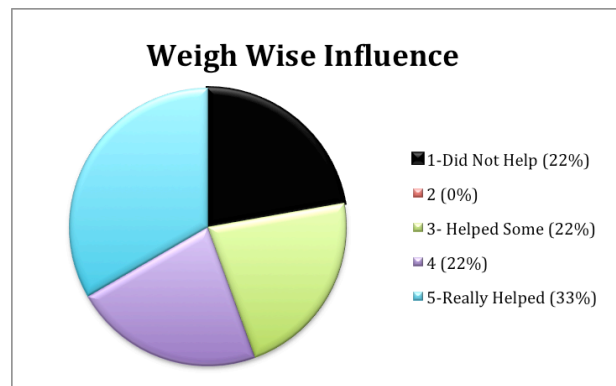
1	2	3	4	5
Not Motivated		Motivated		Highly Motivated
0%	0%	35%	24%	41%



6. Given our monthly “Weigh Wise” handouts, how has Dance Out Diabetes helped you to eat a well-balanced diet and manage your weight?

1	2	3	4	5
Did Not Help		Helped Some		Really Helped
22%	0%	22%	22%	33%

Note: We did not ask how many respondents read the entire series, nor were the number of first-time attendees recorded.



7. Meeting others with diabetes makes me able to manage my diabetes better.

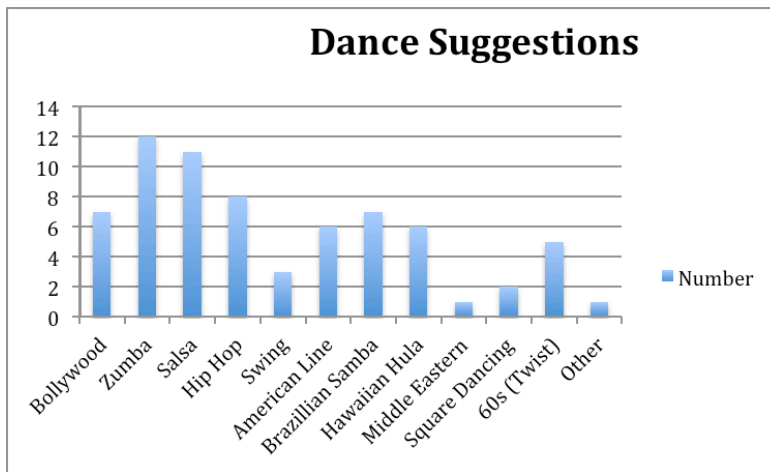
Agree: 100%

Disagree: 0%

8. If you have skipped a Dance Out Diabetes event within the last three months, what was the reason? (Check all that apply)

- Time of day or week
- Health Condition
- Prior Commitment
- Forgot
- Type of Dance Offered
- Type of participants

9. What type of dances did you like or would you like to see in the future?



10. How can we improve our dances?

Comments from survey participants:

- Great as is, very welcoming, great information supplied.
- Everything was great.
- No comment at this time. Great right now.
- Amazing class! Thanks for providing this service! Much success to the future of the program!
- Most people do not know the dance steps. It would be great if the instructor went over the steps before jumping into dancing.
- Doing just fine, I'm perspiring...
- Have more free-dance time, make the classes only 30 minutes.
- Hire Kenzie full time.